

```
1 #include <stdio.h>
2
3 int main() {
4     int M, N;
5     scanf("%d %d", &M, &N);
6     int nPlates = 2*M + N;
7     int nSticks = 6*M + 4*N;
8     printf("%d %d", nPlates, nSticks);
9
10    return 0;
11 }
12
```